

## What people say about us



*Our conversation, along with your desire to do the dishes, was wonderful and helpful.”*

*I really appreciated the food and the time you spent with me.”*

*I felt embarrassed to ask, but now I am so grateful for the help.”*

*Thank you and the Caring Circle for that lovely, kind note.”*

*I don't know what I would have done without this community or my caring provider. It's one thing to face the appointments bravely and another thing to face them alone.”*



Unitarian Universalist Congregation  
of Danbury

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## Caring Ministry

of

Unitarian Universalist Congregation  
of Danbury



offering compassionate support,  
confidentiality and respect  
in times of need.

## *Our Story*

The Caring Ministry is an essential part of our congregational community: caring for each other in times of need, helping celebrate successes, and keeping spiritual presence with each other through the challenges and transitions of our lives.



We have grown to include many members of our congregation who willingly take a meal, provide a ride to and from medical appointments, or just listen during an illness or bereavement.

The Caring Circle reaches out in many ways, including mailing cards and notes.



## *What we do*

If you can remember a time when someone sat with you while waiting for the doctor, or sent you a card when you needed cheering, or made you dinner when your bones were weary, then you know a part of what we do. Here are some examples:

*Caring Circle* provides meals, transportation, calls, cards, and visits within local areas for a short time period.

*Caring Companions* are trained pastoral caregivers who provide an ongoing presence for those with a long term need for one-to-one contact.

*Right to Flourish* offers practical information and support for concerns about aging, illness and well-being. Also, presentations and workshops are conducted throughout the year, focusing on holistic health and End of Life issues.

## *How to reach us*

If you have a request or a concern you may contact any of the following caring committee members:

Rev. Barbara Fast	Karen Gillotti,
Doris Henderson	Inge Hill
Carol Huckabee	Donna Lawrence
Barbara Myers	Marianne Putney
Meredith Spector	Joanne Wells

Contact information may be obtained from the UU Danbury Directory, available at [uudanbury.org](http://uudanbury.org).